**CURRICULUM VITAE**

CLAUDIA GYR

[claudia.m.gyr@gmail.com](mailto:claudia.m.gyr@gmail.com)

0421 675 474

[www.mullmbimbyarttherapy.com](file:///C:\Users\Claudia\Desktop\www.mullmbimbyarttherapy.com)

#### **Creative Arts Therapist**

I have completed a Masters in Creative Arts Therapy (Miecat) and am trained as a Family Constellation Facilitator with additional trainings in Attachment based, Somatic and Trauma informed approaches.

I have over seventeen years’ experience in the field, working with a wide range of needs and required outcomes.

**Employment History**

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| **2018**  **2017**  **2016**  **2016**  **2014-2016** | **Teaching Bachelor of Arts Psychotherapy IKON**  **Teaching Adv. Dipl. Transpersonal Art Therapy IKON**  **Art Therapy Group Facilitation:**  The Buttery (Drug and Alcohol Rehab) for people who recovered from mental health issues.   * Planning and creating well-structured group processes to ensure safety for participants with complex trauma history.   **Individual Art Therapy Sessions for ‘The Bay**’ (Exclusive Drug and Alcohol Rehabilitation Retreats).   * Working within a highly skilled clinical team * Attending regular team meetings for case management * Adhering to very high levels of confidentiality and privacy   **Resident Support Counsellor Feros Aged Care**   * Caring for Emotional and Spiritual needs of Residents and offering support to Families, including ongoing progress notes and case management. * Offering Grief and Loss Counselling and Art Therapy |
| **2013** | **Art Therapy Group Facilitation:**   * Groups for Women experiencing weight gain.   ‘Lismore & District Women’s Health Centre.   * Cancer Group   ‘Our House’/Lismore Base Hospital   * Groupsfor women aged 18-24yrs old who have experienced extreme trauma and childhood abuse.   ‘Heal for Life’ Cessnock.   * People with a disability   ‘Multitask Mullumbimby’ |
| **2012-present** | **Design, Development and Marketing of**  **Personal Shrine Making Kits**  [**www.personalshrines.com**](http://www.personalshrines.com)   * Distributed nationally. * Running shrine making workshops. |
|  | **Art Therapy Group Facilitation:**  for women who have experienced Domestic Violence and Trauma.  ‘Mullumbimby Women’s Resource Service Mullumbimby’.   * Creating and facilitating a regular six week program * Maintaining a well structured and safe group environment within a group of people with high levels of trauma. |
| **2011** | **Art Therapy Group Facilitation:**   * The Mercy Centre/Coffs Harbour/Criminal Justice Program * Ballina Breast Cancer Support Group * Lismore ACE Course, for Youth aged 16-21 who are at risk   of school drop out (6week program). |
| **2010-2019** | **Teaching Introduction Course Arts Therapy**  at Byron Community College |
| **2008-2010**  **2005-present** | **Co-facilitating as Art Therapist at Heart2Heart Parenting workshops** **Private practice/ Art-Therapy for Groups and Individual Sessions.** Specializing in Developmental Trauma Resolution |

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| **EDUCATION** | |  |
| **2017**  **2016**  **2015**  **2014**  **2014**  **2014**  **2014**  **2013**  **2010**  **2009**  **2008**  **2005-2007**  **2004**  **2004**  **2003-2005** | **Family Constellation Facilitation Training (M. Koenning)**  Palliative Care Training Byron Hospice  **Grief and Loss Trainings Mel McKissock Sydney**  Training in working with People suffering from Dementia  Palliative Care Training Byron Hospice  **5 Day Family Constellation Training (Albrecht Mahr)**  First Aid  **Trauma informed Facilitator training** ‘Heal for Life’  **Certificate IV in Training and Assessment**  **Training in Trauma resolution** (Diane Poole-Heller)  Non-Violent Communication (NVC) learning groups  **Masters in Creative Arts Therapy (Miecat)**  **Interactive Psychotherapy Training/ Christopher Campbell**  Certif. in Brain-Gym (Kinesiology)  **Graduate Diploma in Creative Arts Therapy (Miecat)** | |
| **1997** | | **Intensive Meditation Retreat in India (7mth)** |
| **1992** | | N.L.P. Training Course (Neuro-Linguistic Programming)Meta4 Learning Centre/ Lismore |
| **1991-1993** | | Training and practice in Co-Counselling |
| **1988-89** | | B.A. Visual Arts Course at Northern Rivers College of Advanced Education– Lismore (now Sothern Cross Uni) |