**CURRICULUM VITAE**

CLAUDIA GYR

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#### **Creative Arts Therapist**

I have completed a Masters in Creative Arts Therapy (Miecat) and am trained as a Family Constellation Facilitator with additional trainings in Attachment based, Somatic and Trauma informed approaches.

I have over seventeen years’ experience in the field, working with a wide range of needs and required outcomes.

**Employment History**

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| **2018****2017****2016****2016****2014-2016** | **Teaching Bachelor of Arts Psychotherapy IKON****Teaching Adv. Dipl. Transpersonal Art Therapy IKON****Art Therapy Group Facilitation:**The Buttery (Drug and Alcohol Rehab) for people who recovered from mental health issues. * Planning and creating well-structured group processes to ensure safety for participants with complex trauma history.

**Individual Art Therapy Sessions for ‘The Bay**’ (Exclusive Drug and Alcohol Rehabilitation Retreats).* Working within a highly skilled clinical team
* Attending regular team meetings for case management
* Adhering to very high levels of confidentiality and privacy

**Resident Support Counsellor Feros Aged Care*** Caring for Emotional and Spiritual needs of Residents and offering support to Families, including ongoing progress notes and case management.
* Offering Grief and Loss Counselling and Art Therapy
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| **2013** | **Art Therapy Group Facilitation:*** Groups for Women experiencing weight gain.

‘Lismore & District Women’s Health Centre. * Cancer Group

 ‘Our House’/Lismore Base Hospital* Groupsfor women aged 18-24yrs old who have experienced extreme trauma and childhood abuse.

 ‘Heal for Life’ Cessnock.* People with a disability

 ‘Multitask Mullumbimby’ |
| **2012-present** | **Design, Development and Marketing of** **Personal Shrine Making Kits**[**www.personalshrines.com**](http://www.personalshrines.com)* Distributed nationally.
* Running shrine making workshops.
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 | **Art Therapy Group Facilitation:**for women who have experienced Domestic Violence and Trauma. ‘Mullumbimby Women’s Resource Service Mullumbimby’.* Creating and facilitating a regular six week program
* Maintaining a well structured and safe group environment within a group of people with high levels of trauma.
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| **2011** | **Art Therapy Group Facilitation:*** The Mercy Centre/Coffs Harbour/Criminal Justice Program
* Ballina Breast Cancer Support Group
* Lismore ACE Course, for Youth aged 16-21 who are at risk

of school drop out (6week program). |
| **2010-2019** | **Teaching Introduction Course Arts Therapy** at Byron Community College |
| **2008-2010****2005-present** | **Co-facilitating as Art Therapist at Heart2Heart Parenting workshops****Private practice/ Art-Therapy for Groups and Individual Sessions.**Specializing in Developmental Trauma Resolution |

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| **EDUCATION** |  |
| **2017****2016****2015****2014****2014****2014****2014****2013****2010****2009****2008****2005-2007****2004****2004****2003-2005** | **Family Constellation Facilitation Training (M. Koenning)**Palliative Care Training Byron Hospice**Grief and Loss Trainings Mel McKissock Sydney**Training in working with People suffering from DementiaPalliative Care Training Byron Hospice**5 Day Family Constellation Training (Albrecht Mahr)**First Aid**Trauma informed Facilitator training** ‘Heal for Life’**Certificate IV in Training and Assessment****Training in Trauma resolution** (Diane Poole-Heller)Non-Violent Communication (NVC) learning groups**Masters in Creative Arts Therapy (Miecat)****Interactive Psychotherapy Training/ Christopher Campbell**Certif. in Brain-Gym (Kinesiology)**Graduate Diploma in Creative Arts Therapy (Miecat)** |
| **1997** | **Intensive Meditation Retreat in India (7mth)** |
| **1992**  | N.L.P. Training Course (Neuro-Linguistic Programming)Meta4 Learning Centre/ Lismore  |
| **1991-1993** | Training and practice in Co-Counselling |
| **1988-89** | B.A. Visual Arts Course at Northern Rivers College of Advanced Education– Lismore (now Sothern Cross Uni) |